Lexington Emmaus Community



From the Lay Director.....

Hello Lexington Emmaus Community,

The Lord works in mysterious ways.

I am sure you have heard that said, maybe you have even said it yourself. Maybe you have even experienced it. Would you think that one of the mysterious ways that God would do His work would be to inspire you to run your mouth?

Several years ago, someone donated a case of pancake mix and a case of pancake syrup to my church. Never heard why. Maybe whoever it was did not know why. Maybe they just followed the Spirit's direction. When I heard about the donation, I said to our pastor – we should have a church-wide pancake breakfast! Pastor developed a studious expression as pastors will. A few weeks later, the conversation went along the lines of – we think a church-wide pancake breakfast is a good idea. What can we do to help? I thought I had done my part when I made the suggestion! At my past church, I had helped on the fringes with putting on a breakfast for 50 or 60 people, but I had no experience at all with making such an event happen. Getting hamburgers and corn on the cob ready at the same time for 15 people at a family picnic had always been a challenge. It turned out I had a knack for managing a kitchen. Who knew? Not me. That simple statement -- we should have a church-wide pancake breakfast – was life-changing and has led me to managing the kitchen for many meals at church for members of the congregation and visitors just passing through, and for several Men's' and Women's' Walks and eventually to becoming a member of the board of directors for the Lexington Emmaus Community.

For the past decade or so, meal preparation has been a big part of what I have perceived to be my call to service. Hence the feelings of restlessness, helplessness and uselessness that I have shared in past newsletters. The Lord has worked in a mysterious way again. I consider myself to be a Wesley Covenant Prayer kind of guy. In what I could only compare to God's hardening of Pharaoh's heart, I have not thought of the Wesley Covenant Prayer in months. Driving to Bowling Green the other day, the Wesley Covenant Prayer came into my mind. Especially the lines – Let me be put to work for you or set aside for you – and – Let me be full, let me be empty. God does not love me more when I am working. He does not love me less when I am not working. God loves me. And the burden of feeling restless, helpless and useless was lifted from me. When God is ready to put me back to work, He will put me back to work. In the kitchen or wherever else He has in mind.

So my brothers and sisters. Remember this. God loves you. If you have been feeling restless, helpless and useless like me, God loves you. If you have never been busier in your life, God loves you. And when the Lexington Emmaus Community can finally get back to our purpose of renewing Christian disciples and bringing them into a closer relationship with the Lord to strengthen local churches, God will love us. Until then, God loves us. I don't know about you, but that makes me feel pretty special.

De Colores!

Michael Watts Lay Director Lexington Emmaus Community Renewing Christian Disciples, Strengthening Local Churches

Subscribe to Reminders...



Get Reminders

Statistics tell an interesting story. Each month we send out nearly 900 newsletters. Approximately 30% or 270 are opened. People who track these things say that is actually a really good open rate for mass emails. Since we've started offering the reminders, 44 people have subscribed to them, which is pretty similar to our Zoom Gathering attendance.

COVID has certainly changed our lives, and unfortunately one of the results is that all days tend to look the same. In talking to my Emmaus friends, I often ask why they didn't take the opportunity to "do something different" and attend the Gathering. A very common reply is "I forgot". I think we could all use a little help sometime, I know I could. We set alarms and leave post it notes on things. Why not get a reminder for important events in your Emmaus Community?

Howard Rosewell Communications

What: October Gathering Date: Friday, November 6 Time: 7:00 PM

Place: Wherever you are!



In October, we enjoyed ZOOMING into the Sanctuary of Graefenburg UMC to be lead in a Service of Remembrance by Glenn Walker and break bread together! What will be the surprise this month?? Just as we did in October, we will have an uplifting 4th day message, and we'll be sharing at the Lord's Table. Each household in attendance will need to prepare bread and juice, and again it can be whatever you have. I've had communion on youth retreats with Twinkies and Orange Crush. The Holy Spirit has a way of making anything work!

Come and Join us! Just click the Button below.

Join ZOOM Meeting

If you have trouble with the button, copy and paste the link below into your browser:

https://us02web.zoom.us/j/83577403647?pwd=SFRZSnIXK2JYU2pnNUpya1JRWUR4Zz09

If you have a zoom account and want to use the meeting code: Meeting ID: 835 7740 3647 Passcode: Jesus

For Zoom Newbies

If you want some simple instructions for getting on Zoom, click the ZOOM Instructions Button Below.

If you had trouble getting on the Gathering, or if you would like to just try a test or have any questions before the Gathering, please contact Howard Rosewell.

ZOOM Instructions

Contact Howard

Board Elections

The LEC Board has a few openings as some positions are currently unfilled and we have members rotating off. Fortunately, many members of the board are eligible and agreeable to serve again, so the board has good continuity, but we do have room for a few faithful servants to bring us new ideas and a fresh perspective. Our board meetings are currently held on ZOOM due to the COVID crisis. We actually experience a good personal connection, and it's a significant time saver! While many of our "normal" activities are on hold, we are seeking new ways to serve the community, and grow the Kingdom. If you are interested in or feel called to serve on the Board and be an integral part of whatever God has planned for the LEC, or just have questions about being a board member, please contact us. You can email us at lexemmaus@gmail.com, or by contacting any board member from the Board of Directors Button at the bottom of the newsletter.



In Memoriam

I am saddened to share with the Lexington Emmaus Community that Libby Johnson, a former member of St Luke UMC and the Lexington Emmaus Community went to be

with our Lord and Savior on Friday, October 23, 2020.

Libby moved from Lexington to Louisville last year to live with her sister and be closer to her other family. Libby was in a bad car accident October 4th with her sister and both had severe injuries. Libby underwent surgery for a broken ankle and she also had several broken ribs, fractured vertebrae and a brain bleed. Although I do not know all the facts, she was still in the hospital after her car wreck when she passed. There are no plans yet for a memorial service. Please continue to pray for Libby's sister, Valerie, who was scheduled to be released from the hospital October 24 and for Libby's other sisters and brothers.

I came to know and love Libby at St. Luke church where we served together on the Lay Mobilization team for several years. Libby was one of those behind the scenes servants. She served breakfast monthly at the Nathaniel Mission. She volunteered to sit at the front desk at St Luke church to answer the phone, welcome visitors, and do any little jobs the staff needed help with. When I first met Libby, she was very quiet, unassuming, and not real outspoken. However, after going on her walk to Emmaus in Lexington and taking a Wednesday night class on serving your passion she became a different person. (Sound familiar?!).

Libby became passionate about Emmaus and very active, attending monthly gatherings as well as serving on teams, primarily kitchen and outside the conference room. I also think

she served on a Chrysalis or Journey or maybe both. Continuing to follow her passion, Libby made a pitch to the SLUMC Leadership team to start an Emmaus scholarship fund which they approved. In order to raise money to fund scholarships, she would lead the Wednesday night meal preparation and direct the proceeds to the fund. She started to sponsor several members of the young adult group at St Luke. One young woman Libby sponsored recently started seminary and I know of several others who have gotten active in Emmaus, serving on teams, participating in monthly gatherings and becoming active in reunion groups since their walks. Quite a legacy.

I am certain many of you served on team with Libby over the past few years and will remember the humble, loving, and compassionate person she was and will miss her as much as I will. Praise God for women like Libby Johnson.

Doug Sell LEC Walk #15, Table of Paul



Praises and Concerns

If you have praises and concerns you would like to lift up at the Zoom Gathering, you will have an opportunity to lift that up. However, if you can't attend, or don't have a computer with a microphone, please contact Gail Wright and she will read them to those attending.



Spring Walks

Contact Gail

MEN- APRIL 15 - 18

WOMEN - APRIL 22-25

Emmaus Walk Applications

Please be in prayer for our future walks. Below is an Update from the Upper Room that pertains to our ongoing activities.

Virtual Models Being Created for two Emmaus Ministries

As has been the case with families, local churches, and businesses, the COVID-19 pandemic has changed the way we do life together in all our local Emmaus Ministries communities. Indeed, around the world, we are seeing Boards of Directors, small groups, and communities gathering online where persons are able to meet and share without having to worry about transmitting or contracting the virus. Unfortunately, when it comes to team formation and events, the present Walk to Emmaus model does not offer these securities. This reality has prompted the creation of two virtual event models.

A Virtual Experience in The Walk to Emmaus tradition—An international team of Emmaus Ministries lay and clergy leaders began work on developing this model in August and are close to testing. Join us in prayer for this new experience and for it to be available

in January 2021.

Day 4 Restore—Especially during a pandemic, it becomes increasingly important to restore in us our Fourth Day lifestyle. We are developing a one-day virtual event that gives us the opportunity to be restored in our love of God; to be restored to living by grace; and to be restored in spiritual formation practices that enrich us in our daily walk with Jesus Christ. This event is being tested now and we hope to have it available to communities by December.

More information will be coming soon.

15 Weeks of Reflections Based on Walk to Emmaus Talks

We invite pilgrims and communities everywhere to journey with us over the next 15 weeks to reflect on the 15 topics of the weekend talks. Each Monday, you will receive an email devotional based on the topic of the week. <u>Click here</u> to sign up, and please spread the word.

If you want to receive the previous weeks that you missed, please email Doc Hall at <u>hhall@upperroom.org</u>

We hope revisiting these topics will be a blessing to you, especially as we approach the seasons of Advent and Christmas and wind down the year.

DeColores.

Board of Directors Lexington Emmaus Community

Future Gatherings

Due to COVID19, All future Gatherings will be virtual Gatherings hosted on Zoom until our Board and Host Churches deem it safe for us to meet again in accordance with State and Local regulations.

December 4th - 7:00

January 8th - 7:00

February 5th, 7:00





Reunion Groups

Reunion Groups are essential to keep the fire of your walk burning. Click below for a list of existing reunion groups. If you want to access this list from the website, it is password protected. The password is *Luke24:13* (no spaces).

Reunion Groups

Board of Directors

The Website has a page where you can communicate with Board Members. Click the link below to take you to the website's contact page. From there you can communicate with

