

Lexington Emmaus Community



From the Lay Director.....

Footprints in the Sand

Last month I shared a little bit about my vacation experiences in the sea and in the mountains. Audible and visual experiences of the two types of vacations are very different. One way they can be the same is walking in the sand. Lots of sand on a beach and as you walk into the ocean flippers and mask in hand. There was plenty of sand in the mountains of Utah too. The only water around in those Utah mountains was in my backpack and trickling down my forehead into my eyes. Some of the trails in Utah required you to scramble across bare rock. You had to hunt for footprints in the sand to figure out which direction the trail went next.

I was walking up a hill in our neighborhood the other day and realized another way that snorkeling in the sea and hiking in the mountains are very different. Weight. Some of those mountain trails, with all those switchbacks, I felt all the weight of my body and everything in my backpack by the time I climbed a couple of hundred feet to the canyon rim. Snorkeling is way different. Once you are in the water, there is no sensation of weight for hours at a time. Coming back onto dry land, feeling weight again, is a very strange sensation. I am sure it is not even close to the sensations that astronauts feel when they return to Earth, but it does give me an inkling of what a return to Earth might feel like.

About two decades ago, I was living through a time of deep emotional and spiritual turmoil. I was barely surviving day-to-day under the weight of the burdens that I felt. There is a poem titled "Footprints in the Sand" that is often seen printed on a wall plaque. I finally remembered that poem. I finally acknowledged that I could no longer do it alone. I reached out to my Lord and asked Him to carry me. I asked that only one set of footprints be left in the sand of my life. He did carry me through my time of trial. After a while I came out the other side, able to walk on my own again. This was before my Walk to Emmaus. I did not have the vocabulary then, back before my Walk to Emmaus, but I was carried through my time of trial by God's grace. Grace I needed before I even knew I needed it. Grace that was available to me before

I even knew I needed it.

That is what we are about as an Emmaus community. God's grace. God's grace and the many ways in which we receive it. God's grace.

De Colores!
Michael Watts
Lay Director

What: November Zoom Gathering

Date: Friday, November 5th

Time: 7:00 PM

Place: Wherever You Are

Come Join us for our November Gathering!!!!!!

[Click here to go to Zoom Gathering](#)

Topic: November Gathering Zoom Meeting
Time: Nov 5, 2021 07:00 PM Eastern Time (US and Canada)

Join Zoom Meeting
<https://us02web.zoom.us/j/8795054502?pwd=TVdNaFlaYkoxWFJ4VEdlYzFEN3Bvdz09>

Meeting ID: 879 505 4502
Passcode: Jesus



Chrysalis Flight #40
February 19-21, 2022

Men's Walk #145
April 21-24, 2022

Women's Walk #146
April 28 - May 1, 2022

Your Emmaus Board has decided to move forward with scheduling our Spring Flight and Walks! Of course, as we have learned over the past couple of years, the ability to move forward will depend on the degree of community spread, and requirements of our host facilities. Also, we have decided that for the safety of everyone and to address apprehension of people to attend, we will require proof of vaccination for all team members, Butterflies, and Pilgrims. Please be praying about who you might ask to go, or if you feel called to serve on a team. Applications are available on the [website](#).

As noted above, we are preparing for Flight #40 to be held on February



19th through the 21st, 2022. This is also President's Day Weekend. Please be in prayer for this Flight, the Team, and the Caterpillars. The Board had approved, and we will begin gathering a Team. We need YOU to step up and help in any way possible. Please contact me or any Board member to inquire where you can serve. Any Board member can be contacted using the "Board of Directors" button at the bottom of the newsletter.

Earl Taylor eisbar58@hotmail.com
606.235.0790 cell
Chrysalis Board Representative

Subscribe to Reminders...



We all need a little help getting ideas to load, or just remembering what day it is when our schedules are all out of whack! If you want a reminder the day before Gatherings or other important community events, click the button below to subscribe to reminders.

[Get Reminders](#)



Praises and Concerns

If you have praises and concerns you would like to lift up at the Gathering but can not attend, please contact Gail Wright we will lift your concerns to the community.

[Contact Gail](#)

Future Gatherings!!!!

Currently our are on Zoom, and we intend to stay on Zoom at least until Fayette and surrounding counties are no longer in the "Red Zone" on the KY COVID website. Scheduled locations are shown below but the decision to go virtual will be made prior to the the gatherings.

December 3rd - Trinity Hill UMC (Tentative)

January 7th - Centenary UMC (Tentative)



Reunion Groups

Reunion Groups are essential to keep the fire of your walk burning. Click below for a list of existing reunion groups. If you want to access this list from the website, it is password protected. The password is **Luke24:13** (no spaces).

Reunion Groups

Board of Directors

The Website has a page where you can communicate with Board Members. Click the link below to take you to the website's contact page. From there you can communicate with any board member.

Board of Directors



Lexington Emmaus Community | [website](#)

STAY CONNECTED

